

Lateral Browlift

Fact Sheet

A lateral browlift is a good choice for patients who wish to improve a 'tired' appearance caused by a sagging brow. The procedure is particularly popular when performed as part of our advanced mini facelift procedure.

What is a lateral browlift and how can it improve my appearance?

Drooping of the lateral part of the brow is a common feature of aging. The youthful and attractive female eyebrow characteristically has a high curved arch. A lateral browlift seeks to restore this appearance.

There are many surgical approaches to elevating the brow. These include the open browlift with an incision across the top of the scalp. A more popular approach is the endoscopic browlift which employs several smaller incisions in the scalp and some method of fixation to the skull. The lateral browlift is much less invasive than these methods and uses an incision hidden in the temporal hairline.

Who is suitable for a lateral browlift?

The lateral browlift is best for those patients who have drooping of the lateral brow with little brow furrowing and few lines. It is often undertaken at the same time as eyelid surgery or together with a mini facelift or facelift.

What happens during a lateral browlift?

This procedure is usually undertaken under local anaesthesia and typically takes about an hour. The incision is well-hidden in the hairline in the temple region; the brow is elevated to the desired position and sutured into place.

How long will I take to recover after a lateral browlift?

Recovery from a lateral browlift is typically rapid and uncomplicated. There is usually much less pain, bruising and swelling than with a conventional open or endoscopic browlift. Any sutures are removed at 10 to 14 days.

Are there any risks or side effects of the procedure?

All surgical procedures carry risks and possible complications. The risks are minimal in the lateral browlift and significantly less than with more invasive browlift procedures. The risks include asymmetry, swelling, bruising, bleeding and blood clot (haematoma) formation. Infection and skin loss are very rare complications. In addition, the nerve which controls movement of the brow can very rarely be damaged.

What results can I expect from a lateral browlift?

The lateral browlift alters the shape of the eyebrow and elevates it from its preoperative drooping position. A lateral browlift does not alter the quality of your skin - other non-surgical treatments (such as chemical peels) are available to improve skin texture and appearance.

How long do the results of surgery last?

Like all cosmetic rejuvenation procedures, a browlift turns back the clock but does not stop the aging process. The results of a lateral browlift typically last 5 to 10 years if you care for your skin properly and avoid smoking and sun exposure.

talk to **me**

If you would like to discuss any aspect of this treatment please contact us on:

t. 0117 3250325 **e.** info@cosmetic-medicine.co.uk **w.** www.cosmetic-medicine.co.uk